

Appendix 1. Information regarding appointment types in the specialist gender clinics

	Type of clinical appointment	Definition
T&P NHSFT	1: Early Liaison with endocrine clinic for <15 yrs ^a	Appointment with the endocrinology clinic for those aged 15+ years
	2: Liaison with endocrine clinic for 15+ yrs ^a	Appointment with the endocrinology clinic for those aged <15 years
	3: GIDS Outreach Assessment ^b	Assessment undertaken remotely from the main clinic base in London
	4: GIDS Standard Assessment ^b	Assessment which took place at the London clinic
	5: GIDS Treatment Outreach ^c	Psychosocial treatment undertaken remotely from the main clinic base in London
	6: GIDS Treatment Standard ^c	Psychosocial treatment which took place at the London clinic
	7: GIDS Young Persons Group ^d	Group appointment specifically for young people (take place during GIDS group sessions)
	8: Group (not specified) ^d	Group appointment (take place during GIDS group sessions)
	9: GIDS Transitions Appointment ^c	Appointment for young people with GIDS and GIC clinician to discuss transition to adult service
	10: Endocrinology (15+ yrs) ^a	Appointment with the endocrinology clinic for those aged 15+ years
	11: Endocrinology (<15 yrs) ^a	Appointment with the endocrinology clinic for those aged <15 years
	12: Child, Young Adults and Families (CYAF) Assessment ^b	Assessment by CYAF clinician
	13: CYAF Individual therapy once per week ^c	Individual therapy by a CYAF clinician
	14: CYAF Family Therapy ^c	Family therapy by a CYAF clinician
AUMC	1: Intake Psychology ^b	First GID appointment with the psychologist during the diagnostic phase, 60 min
	2: Consultation Psychology ^b	Standard GID assessment with the psychologist during the diagnostic phase, 60 min

3: Psychological Assessment ^b	Appointment for completing questionnaires & psychiatric assessment / interview during the diagnostic phase, 2-3h
4: Screening Psychiatry ^b	First appointment after referral to the AUMC is with the main practitioner / treatment provider For children/adolescents the appointed main practitioner in the hospital is the Child and Adolescent psychiatrist After the psychiatric screening, the psychiatrist refers the CYP to a psychologist for the GID assessment / diagnostic phase
5: Consultation Psychiatry ^b	Psychiatric assessment during the diagnostic phase Usually upon request from psychologist (for example in case when CYP presents with (complex) psychiatric comorbidity)
6: New patient endocrinology ^a	First appointment with the endocrinology clinic for CYP
7: Consultation endocrinology ^a	Standard appointment with the endocrinology clinic for CYP
8: Group consultation endocrinology / Webinar ^a	Group consultation before start medical treatment (providing education/information re medical treatment)
9: DEXA scan ^a	Order for DEXA scan to check bone health
10: Labs ^a	Appointment with the nurse for bloods / weight / height measurements and standard health checks
11: Consultation fertility ^a	Appointment with the fertility doctor (GYN)

Note. Appointment type groupings: ^aEndocrinology/Medical; ^bAssessment; ^cPsychosocial Treatment; ^dGroup